

IsaDelight® Dark Chocolate with Mint Flavor

Nutrition Facts

Serving Size: 1 Chocolate (11.4 g)
 Servings per Container: 30

Amount per Serving

Calories 60 **Calories from Fat 35**

% Daily Value*

Total Fat 4 g **6%**

Saturated Fat 2.5 g **12%**

Trans Fat 0 g

Total Carbohydrate 5 g **2%**

Dietary Fiber 1 g **4%**

Sugars 3 g

Protein 1 g **2%**

Calcium 2% • Iron 2%

Not a significant source of cholesterol, sodium, vitamin A and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Dark Chocolate [chocolate liquor (no alcohol), sugar, cocoa butter, soy lecithin (an emulsifier), vanilla], IsaDelight® Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium glycinate, glycine, tricalcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, pyridoxine HCl, cholecalciferol, folic acid, vitamin B12), natural peppermint flavor

Contains soy (lecithin). May contain milk. Manufactured in a facility that also processes tree nuts, peanuts, and wheat.

